

# NEDIA KIT 2022

# ABOUT

Nestled in the mountains west of Calgary, Mount Engadine Lodge is a backcountry retreat offering guests an authentic Canadian Rocky Mountain experience. Situated one hour from Canmore, in the Kananaskis Range of the Spray Valley Provincial Park, the lodge is open year-round and provides all of the charm, warmth and adventure of an intimate backcountry lodge while being easily accessible by car and offering guests luxurious amenities.

Inside the main lodge, guests can relax in the common area next to the large stone fireplaces and wall-to-wall windows showcasing the spectacular surroundings. Breakfast, afternoon high tea and family-style dinners are served in the large, bright dining area with stunning views of the mountains and wildlife. We also provide a packed lunch for your outdoor adventures.

Guests have the option to stay in suites located in the main lodge, private cabins or glamping tents. For those looking for a little extra adventure, a yurt is also available upon request. To help visitors truly disconnect, there are no in-room telephones, computer jacks, or televisions. However, the lodge does offer free Wi-Fi for those needing to stay plugged in. Mount Engadine welcomes the entire family and pet-friendly accommodation is available.



# **GUEST SERVICES AND AMENITIES**

A day at Mount Engadine Lodge can be structured to meet individual plans. Below is our suggestion for a daily schedule. Stays at Mount Engadine Lodge are all-inclusive, providing guests a number of delicious meals throughout their visit. The highly knowledgeable staff at the lodge are very familiar with the Kananaskis area and can help guests plan their outdoor adventures.

# **ITINERARY**

**3:00 PM** Check - in

- 2:00 5:00 PM Afternoon Tea is served. This includes a blend of the finest coffee beans brewed to perfection and/or a wide selection of Canadian tea blends as well as a charcuterie board with an assortment of fine meats, cheeses, fruit and fresh baked goodies.
- 7:00 PM Dinner is served family style in the dining room. Games, books, wildlife watching, star-gazing, an outdoor fire pit and a wood-burning sauna are available to guests throughout their stay.
- 8:00 9:00 AM Breakfast is served in the dining room. Packed lunches are available for pick-up.
- **11:00 AM** Check-out. Coffee and tea are available in the dining room from 7:00 a.m. to 10:00 p.m.

# **TECHNOLOGY & BUSINESS SERVICES**

• Wi-fi accessible

# TRANSPORTATION

Complimentary parking is included

# **FAMILY & PETS**

 Mount Engadine welcomes the entire family, and takes pride in making them feel engaged, comfortable and at home. There is a \$20 per pet per night fee

# PACKAGES

- Corporate retreat
- Wedding / honeymoon
- Outdoor adventure retreats
- Health and wellness retreats
- Film location / crew accommodations

# **AMENITIES**

- High-end quality linens
- · Ensuite private bathrooms
- In-room mountain view\*
- Wi-Fi accessible
- Private balconies\*
- Private walk-out entrance\*
- Wood-burning sauna\*
- Gourmet meals
- Rocky Mountain Soap Company toiletries
- Ski storage



# HISTORICAL BACKGROUND

Mount Engadine Lodge was built in 1987 and named after the mountain, Mount Engadine, which is located in the Smuts Creek Valley just south of Buller Creek.

Mount Engadine, the mountain, was named after the HMS Engadine, a WW1 cruiser involved in the Battle of Jutland. Other mountains in the area named after WW1 ships include Sparrowhawk, Indefatigable, Warspite and Shark Mountain. All of these named ships fought in the battle of Jutland. As a point of interest, there was an aircraft transport ship called HMS Engadine in WW2 that was commissioned in 1941. The WW2 HMS Engadine achieved battle honours in 1943 and was decommissioned in Spain in 1962.

Mount Engadine was first ascended in 1956 by B. Fraser, J. Gorill and M. Hicks. Rated as a difficult scramble via the west-northwest ridge, the climb is less frequented than other peaks bordering the Smith-Dorrien Trail. As early as 1914, the Water Power Branch started assessing the Kananaskis Lakes and Spray Valley as a water source for power generation. In the 1930s, Calgary Power began building power facilities to generate power for the coal operations in Canmore. In the 1950s, the area was logged by the Eau Claire Logging Company and later by the Spray Lakes Sawmills who had obtained their lease in the early 1970s. In the mid-1980s, the valley was part of the bid for the 1988 Winter Olympics. Tent Ridge and Mount Sparrowhawk were designated Alpine and Nordic ski areas in the Olympic bid. Later, Nakiska Ski Area was built on Mount Allen and the Canmore Nordic Centre was created. Mount Shark cross-country and biathlon range became the designated backup facilities for the Nordic events.

Around this time, an Austrian and Swiss couple built the lodge. Originally, the lodge was a hostel-style concept comprised only of the main building that houses the lodge rooms and the common areas. In 1997, the two suites of Moose and Elk were added to the north end of the building and the main lounge was added to the south end. The meadow-view chalets were also built during this time period.

Renovations to the lodge, the rooms, and the operating systems have occurred over the years. Respecting the surroundings and reducing the environmental footprint has always been a focus of Mount Engadine Lodge. The lodge is proudly Ecostay Certified, the Ecostay program aims to reduces greenhouse gas emissions by tracking eco-attributes.

Mount Engadine Lodge is proud of its heritage and continues to grow and change with the times. Castleavery Hospitality Ventures Inc. operates the property with an understanding of and respect for the unique ambiance and care for Mount Engadine Lodge.



# **I FACT SHEET**

### **OPENING DATE**

Built in 1987 with the addition of the Moose and Elk suites as well as the main lounge in 1997.

### MANAGER

Veronika Gruszkova

### LOCATION

Kananaskis, Alberta

### **CALGARY INTERNATIONAL AIRPORT**

158 km away

# CANMORE

37.8 km away (109 km in winter due to road closure)

### BANFF

62.8 km away (132 km in winter due to road closure)

### **ELEVATION**

6,050 feet

# LATITUDE & LONGITUDE

50° 52' 05" N, 115° 18' 55" W

# **PROPERTY DETAILS**

- The lodge relies on a generator and battery bank for power source. We work to keep the lodge's environmental footprint as small as possible
- Open year-round
- Accommodates 39 people



# **ACCOMMODATIONS**

Our backcountry lodge is perfect for hosting weddings, yoga retreats and corporate events. The all-inclusive service provided by the staff will create a memorable experience, with little effort on your part.

### **LODGE ROOMS**

Our lodge rooms (called **Raven, Eagle and Owl**) have all been recently renovated with private bathrooms and showers. We have twin and king bed configurations for up to 6 guests (at a maximum of two guests per room), great for families or couples. We also have the Chickadee Room for a single traveler which now has a private bathroom and shower, too!

### **MEADOWS EDGE CHALET**

Our cozy chalet features two rooms (called **Birdwood and Burstall**) that each sleep up to two people. Each of these spacious rooms have queen-size beds, with a private bathroom and a new large deck that overlooks the meadow.

The other room in the chalet is perfect for families or couples. Featuring one bedroom with a queen bed, and one with two twins, the **Whiskeyjack** also has a large deck and private bathroom and shower.

### **PRIVATE FUNCTIONS GATE CLOSURE FEE**

Privatize your function by closing the lodge to just your party. Pricing varies depending upon time of year and type of event. Please inquire about rates.

# **LODGE SUITES**

Our main lodge also feature two well-appointed suites (called **Moose and Elk**) that overlook the serene meadow and creek. The lodge suites feature a queen-sized bed, private bathroom, spacious sitting area and a gas fireplace. Both lodge suites have their own balcony, cozy window seat and large windows.

### **GLAMPING TENTS**

Our five cozy glamping tents overlook the serene meadow and creek. These tents can accommodate up to four adults and feature a king-sized bed, full pullout couch, full bathroom, and a gas fireplace. All tents have a private patio, deck and are available to book year-round.

# YURT

The yurt is open year-around for those willing to brave cold winter temperatures. It's easily accessed from the Lodge's main parking lot and located a short distance away. You will need to bring a sleeping bag, pillow and extra clothes for chilly evenings. There is no shower access but you are able to use the bathrooms in the lodge.



# DINING

Overnight stays at Mount Engadine Lodge are all-inclusive, providing guests the opportunity to relax, adventure and enjoy a number of delicious meals throughout their stay.

Visitors start their day with a two-course, seasonal breakfast made of ever-changing, seasonal ingredients and are given a gourmet packed lunch to take on their outdoor adventure. Following their hike or cross-country ski, guests can return to the lodge for a cozy afternoon high tea and to wrap up the day. The lodge's chef serves up a custom Canadian Mountain style, three course menu created daily, featuring an entree, a selection of vegetable dishes, fresh salads, dessert and locally brewed beer, wine and spirits. Dinner is a great opportunity to share travel stories and meet fellow adventurers. Tea, coffee, and juice are included in the room rates, drinks from the bar are extra and can be charged to your room.

The lodge prides itself on using locally sourced ingredients and providing guests with a fine dining experience served in a casual and relaxed setting. Afternoon high tea and dinner are open to the public. Reservations are required.

#### **AFTERNOON TEA**

DAILY 2PM - 5PM - Open to the public

A variety of freshly baked goodies, fresh fruit, fine local meats, and refined cheeses are available, as well as locally blended coffees and teas. Take your pick of Canadian tea blends that will stimulate, refresh, revive, calm and relax as you enjoy the views from our wall-to-wall windows.

### **SUNDAY BRUNCH**

10:30AM - 1:30PM - Reservations required Check social media for updates.

Join us on specially scheduled Sundays between 10:30 am and 1:30 pm for an Alberta-inspired service against the backdrop of the Rocky Mountains. While the menu changes weekly, you can look forward to decadent classics like Smoked Salmon Benny with Canmore-cured Bacon to twists on home-cooked dishes like Banana Pancakes.

Reservations for dinner, Sunday Brunch or afternoon tea can be made with 24-hour notice. Dinner starts at \$75 plus taxes. Gratuities not included.



# **ADVENTURES**

Surrounded by lakes, trails of varying degrees, and a beautiful mountain backdrop, Mount Engadine Lodge has endless outdoor activities for every season. The highly knowledgeable staff at the lodge are very familiar with the Kananaskis area and can help guests plan their outdoor adventures. Spring, summer and fall activities include hiking, trail running, mountain biking, canoing and fishing. Throughout the winter months, guests can snowshoe, cross-country ski and ice fish.

### **ACTIVE BY NATURE**

Active by Nature is located in the heart of the Canadian Rockies, in the spectacular mountain town of Canmore, Alberta. Formed in 2007 by sole proprietor, Mandy Johnson, Active by Nature offers NORDIC WALKING, WALKING & HIKING TOURS, year-round.

#### **SKALA ADVENTURES**

Skala Adventures is dedicated to providing unique opportunities via backcountry adventures. They specialize in guided trips, wilderness therapy and outdoor education.

#### **SNOWSHOEING**

Snowshoeing is one of the best ways to explore our backyard! We have snowshoes on site, available for rent at a cost of \$12 per day.

# **CROSS COUNTRY SKIING**

An athletic pursuit for the young and old. Luckily, there are plenty of trail options to choose from if you are in Canmore and Kananaskis. For brand new skiers, the Canmore Nordic Centre is an excellent resource for information and rentals.

#### FISHING

We have partnered with Wapiti Sports to bring you the ultimate fishing experience. You will be provided with all of the necessary fishing gear, and if needed, winter attire. All trips are private and accompanied by experienced guides. Bow River fishing options are also available in the summer.

# **HELICOPTER TOURS**

Alpine Helicopter offers the most breathtaking tours in the heart of the Canadian Rocky Mountains. This heli-tour will take you on a once-ina-lifetime ride to view unparalleled views of Banff National Park.

#### **CYCLING 101**

Our premier cycling partner Cycling-101 offers a wide variety of services for guests at the lodge. Guided mountain and fat bike rides are offered as well as lessons which depart from a variety of authorized trails.





# **HIKES AND SIGHTS**

Canmore and Kananaskis are a hiker's nirvana. There are hundreds of kilometres of hiking trails, ranging from easy strolls across wide valley bottoms to incredible ridge ascents with views of tumbling waterfalls. You may cross paths with turquoise glacier-fed lakes, remote alpine meadows peppered in wildflowers and exquisite Rocky Mountain formations with towering peaks. Our partner, On Top Mountaineering, will help you experience the mountains.

### **OUR FAVOURITE SUGGESTED HIKES**

COMMONWEALTH CREEK, SMUTS PASS TO BIRDWOOD LAKES

**Distance:** 15km round trip **Elevation Gain:** 430m at Pass

This hike offers a variety of options, depending on your level of ambition. It begins on an old, mellow logging road, running parallel with our meadow towards Commonwealth Creek. About 3 km into the hike, with about 50m elevation gain, you'll come across Commonwealth Creek and a small rushing waterfall. If you're still feeling energized, continue to follow the creek SW to the beautiful meadow surrounded by Commonwealth Peak and Mount Birdwood. Another 3 km through the meadow and you're at the base of Smuts Pass. Ascend the 200m gain on the pass and you'll be welcomed by Birdwood Lakes.

#### **TENT RIDGE**

**Distance:** 9km round trip **Elevation Gain:** 500m

If you're after a breathtaking view, Tent Ridge delivers – but not exactly on a platter. Some scrambling and steep elevation gains are rewarded with an exhilarating walk around horseshoe ridge. With no exposure along the route, most dangers are removed from the hike; but, those wary of heights may be challenged. Approach the ridge clockwise to minimize the inclined terrain. Ask our staff about Tent Ridge for detailed information.

#### RUMMEL LAKE

**Distance:** 7km round trip **Elevation Gain:** 330m to Lake

Rummel Lake offers an extremely rewarding hike with a challenging initial 1.5km climb. If you are willing to gain some quick steady elevation, you'll recover as you follow mellow terrain for about 1.5km until lastly gaining a bit more elevation just before reaching the lake. The hike offers a stunning view overlooking the Spray Lakes and SW peaks before entering the dense tree line as you braid your way back to the lake, nestled in at the base on Mount Galatea.

#### WATRIDGE LAKE AND KARST SPRINGS

**Distance:** 8.4km round trip **Elevation Gain:** 0m to Lake, 100m to Spring

This hike follows along an old logging road through the heart of the Mount Shark Cross-Country Ski network. Simple to navigate, the hike offers mellow terrain to lead you to the emerald-green waters of Watridge Lake. In late June and early July, water temperatures allow for a quick and refreshing swim – a rarity in the Canadian Rockies!



# **I EVENTS**

We have hosted yoga adventure retreats, chef series, and music events and have a dedicated team to help support your on-site needs. The Lodge is perfect for those looking for an intimate experience in the privacy of nature's backyard. Want to organize an event at Mount Engadine? Call us to add your next event to our calendar.

# **FATHER'S DAY**

We partner with Wapiti Sports to bring you a exclusive fishing trip for you and dad.

# CANADA DAY

Join us in the majestic Canadian Rockies to celebrate our nation's birthday.

# HIGH ELEVATION: A CHEF SERIES

A challenge for Calgary chefs to cook at high elevations, while bringing our guests an expanded menu offering.

# **YOGA RETREAT**

Each fall, we welcome Sarah Harvie back to the Lodge for our Yoga Mountain Adventure Retreat. This 2 or 3-night retreat includes Yoga (Asana & Nidra), Pranayama Meditation and self-guided hiking.



# MUSIC IN THE MEADOW

Bask in the glow of a valley sunset while watching an intimate live performance.

# WINE TASTINGS

Check back for further details or call to let us know you're interested in a tasting.

# **I PLAN YOUR EVENT AT MOUNT ENGADINE**

At Mount Engadine you can plan a variety of events, including weddings, corporate retreats, birthdays, outdoor adventure retreats and more. Our team collaborates with you on every fine detail from the venue to the menu, to provide you with a completely custom experience. Our chef sources local ingredients and can work with you to create a meal plan to fit your group. Let our team take care of all the details so you and your guests can relax, and enjoy all of the seasonal activities the area has to offer.

# **ALCOHOL SERVICES**

We have a full bar on site, willing to provide your event with our favourite craft beers, seasonal cocktails, spirits and a variety of Canadian and International wines.

# **LODGE FEATURES**

Our spacious dining area is ideal for a meeting space with tables that can easily be reconfigured to meet your group's needs. There are also 3 sitting areas for a more casual meeting setting.

The lodge comes equipped with a projector and screen for your presentation needs. We have lodge Wi-Fi available to all our guests.

# WEDDINGS

Mount Engadine Lodge features 9 rooms, with 14 beds in total that can sleep up to 19 adults. The five glamping tents can sleep up to 20 adults.

We require a 2 night minimum stay for wedding events, having the Ceremony held on the second day. The gate fee closure is mandatory only on the 2<sup>nd</sup> day, with the option of multi-day gate closures.



# **ABOUT THE STAFF**



#### **GAIR FRYERS, PRESIDENT** CASTLEAVERY HOSPITALITY VENTURES INC.

Born and raised in Calgary, Alberta, Gair Fryers is the President of Castleavery Hospitality Ventures Inc., a small group of Albertans that pride themselves in owning and operating local hotels that offer guests an authentic Canadian experience. Castleavery's first venture was Mount Engadine Lodge.

Castleavery was created to bring to life a new concept in hospitality in Alberta – backcountry luxury hotels that provide an "at home" feel with exceptional service.

In his role at Castleavery, Gair oversees acquisitions and procurement of new properties as well as operations of assets. He has a background in real estate investment, financial modeling and securities.

Gair has lived in numerous cities throughout North America but recently returned to Calgary due to his love of the mountains. An avid skier, Gair spends the majority of his winter weekends on the slopes in Kananaskis Country.



#### JAMES HAGUE, VICE PRESIDENT OF OPERATIONS CASTLEAVERY HOSPITALITY VENTURES INC.

James began his hospitality career at The Wickaninnish Inn in Tofino, BC, a Relais and Chateau property, which is consistently in the Conde Naste and Travel & Leisure international top ten. Gaining valuable experience in both the rooms division and renowned Pointe Restaurant enabled him to move back and forth between "The Wick" and the Westin Resort & Spa, Whistler, trading a surfboard for snowboard while developing both a very personal hospitality philosophy and a top tier set of management skills.

In 2022, he joined Castleavery Hospitality as Vice President of Operations. For James, hospitality has always been an intimate and deeply rewarding journey. Interacting with guests and having the privilege of curating an exceptional experience for them, whether during personal interactions, or through something as simple as developing amenity or furnishing programs, are both a source of inspiration and motivation for James.





# **STORY ANGLES**

# AN INTIMATE AND REMOTE ROCKY MOUNTAIN VENUE FOR COUPLES TO SAY "I DO"

Located in the heart of Kananaskis Country, and a close drive from Calgary, this accessible and intimate backcountry lodge sleeps 39 and offers an ideal wedding venue for couples wanting a quaint, relaxed setting. Stunning panoramic mountain views, luxurious suites, fine dining served in a casual atmosphere, and endless outdoor activities will keep guests engaged throughout their stay.

# A LUXURIOUS HIKING-STOPOVER DESTINATION

Surrounded by some of the Canadian Rocky Mountain's best hiking, the lodge offers a charming place for outdoor enthusiasts to stop for afternoon high tea or a gourmet dinner during their day in the mountains. Providing a cozy and casually luxurious spot for hikers to spend a couple of hours refueling, the lodge has its popular high tea every afternoon and dinners are served family-style, allowing guests to share stories and get to know each other. The lodge serves up refined rustic meals like white bean and bourbon soup, fish tacos made with Canadian pickerel, and braised bison short ribs. Following their meal, guests can cozy up next to the massive fireplaces to warm up and relax.

### ADDING A BIT OF "GLAM" TO YOUR OUTDOOR ADVENTURE

Mount Engadine Lodge has five luxurious glamping tents that offer guests an ideal option for those wanting to spend time in the great outdoors while still having access to lavish amenities. Available year round, the glamping tents provide an elevated camping experience in the heart of Spray Lakes Provincial Park. Each tent features a full bathroom, king bed (that can be separated into two twins) with a pullout couch, a fireplace, chandelier, hardwood floors, a beautiful deck, heating (in winter) and the allinclusive meal plan that Mount Engadine guests have grown accustomed to.

### A REMOTE BACKCOUNTRY RETREAT IS ONLY A SHORT DRIVE AWAY

Unlike most backcountry lodges, Mount Engadine is easily accessible by car and is located only a two-hour drive from Calgary. A hidden gem, this remote backcountry retreat is nestled in the Canadian Rocky Mountains and provides the perfect destination for those looking to escape the hustle and bustle for a few days. Keeping the ambiance quaint and relaxing, the lodge accommodates 39 people, serves up gourmet meals and has some of the Canadian Rockies' best hiking right out the front door. To help guests truly unplug, there are no in-room telephones, computer jacks, or televisions.

# AFTERNOON HIGH TEA IN AN UNEXPECTED LOCATION

Whether making a day trip out to the mountains or during a stay at Mount Engadine, the lodge's afternoon high tea offers guests a cozy setting to relax and unwind after a day of hiking. Available every day from 2-5pm, the lodge's high tea features a charcuterie plate of local meats, refined cheeses and olives, daily-baked goodies, fresh fruit, locally blended coffee from Canmore's Mountain Blends Coffee Roasters and your choice of Canadian tea blends. High tea is served in the lodge's dining room surrounded by amazing views of the Canadian Rockies.



# LOCATION

Mount Engadine Lodge is located in the heart of Kananaskis Country. A short drive from Calgary, Edmonton and Canmore, the lodge is ideally situated for a weekend away or a day trip. There are two ways to reach our allinclusive lodge: through Canmore, or Kananaskis Country Provincial Park.

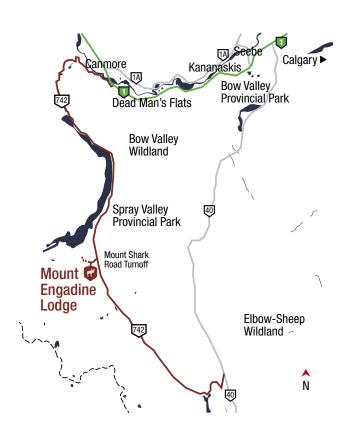
Please Note: Highway #40 is the recommended route as there is less time on a backcountry road.

### **FROM CANMORE**

Follow the signs to the Canmore Nordic Centre, and stay on the Spray Lakes Road, which becomes the Smith-Dorrien/Spray Trail – Highway 742. This gravel road runs southbound for about 37 km along the edge of Spray Lake, until a right turn at the Mount Shark Road turnoff.

### **FROM CALGARY**

Follow Highway #1 (Trans-Canada Highway West) to Highway #40 Kananaskis Trail. Turn left (south), and keep on Highway #40 (you will go past the Nakiska Ski Hill, and Kananaskis Golf Course, and the Fortress Mountain Ski Hill), all the way to the Smith Dorrien – Spray Trail turnoff (#742). Turn right (west) and soon after turn right again, and then follow the Smith Dorrien – Spray Trail for about 30 km. (North) to Mt Shark Road. Turn Left. Either route takes you to Mount Engadine Lodge, which is located at the Mount Shark Road turn-off on the Smith Dorrien – Spray Trail (#742). It's a beautiful drive – you'll pass some spectacular scenery, and plenty of spots to pull over and enjoy views and wildlife!



#### **SPRAY VALLEY PROVINCIAL PARK**

22084-22114 Range Road 104A Kananaskis AB, Canada





#### CASTLEAVERY HOSPITALITY VENTURES INC.

C/O Mount Engadine Lodge P.O. Box 8643 Canmore, Alberta T1W 0B9

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